

SAMHSA AWARE Grant

FCSD #1 Update 12.14.21



SAMHSA

Substance Abuse and Mental Health
Services Administration

Project: AWARE-SEA

**Advancing
Wellness
And
Resiliency
in
Education**

State Education Agency Grant

Purpose:

“To build or expand the capacity of State Educational Agencies, in partnership with State Mental Health Agencies overseeing school-aged youth and with three local education agencies, to:

- 1) increase awareness of mental health issues among school-aged youth**
- 2) provide training for school personnel and other adults who interact with school-aged youth to detect and respond to mental health issues**
- 3) connect school-aged youth, who may have behavioral health issues or serious mental illness and their families to needed services.”**

Why?

- In 2017, Wyoming's Suicide Rate was 4 times higher than the national average
- In the 2018 State Needs Assessment, Wyoming identified a need for additional support with Substance Abuse Treatment
- Pandemic: 93% increase in people taking online assessments for anxiety, 62% increase for depression assessments

- Access to care: Wyoming ranks 45th in the nation
- Combined, the Park, Fremont, and Campbell counties have a population of 12,943 students, with an approximate prevalence rate of 20%. Approximately, **2,499 students** can benefit per year from this grant state-wide
- Maximized for care, there is the potential to provide \$1.1M in annual care state-wide

Recipients & Partnerships

Wyoming Department of Education & Wyoming Department of Health

- **Group 1: 2020 Recipients** (1st group of LEAs & MH Agencies funded in WY)
 - Fremont County School District #1 / Wyoming Counseling
 - Park County School District #1 / Heritage Health Center
 - Campbell County School District #1 / Campbell County Medical Group Kid's Clinic
 - **External Evaluator:** McREL International (K-12 School Research & Improvement Services)
 - **Infrastructure Support/Tech Assistance/Training:** LeCroy & Milligan Associates
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- **Group 2: 2021 Recipients**
 - Uinta County SD #1, Sweetwater County SD #1, Carbon County SD #1
 - Telehealth Model (Wyoming Behavioral Institute & Wyoming Counseling Center)

Grant Goals

(3- 5 objectives per goal)

1. Increase access to mental health and substance abuse services for school aged youth.
2. Increase each LEA's student, parent, and family knowledge of mental health and substance abuse services available, develop student skills that will promote resilience, prosocial behaviors, and prevent youth violence through outreach, engagement, and training.
3. Increase each LEAs capacity to recognize and appropriately respond to mental health and substance abuse needs of students through professional development and training.
4. Develop state and LEA level infrastructures to foster wellness in school-aged youth and their families.

(*LEA= Local Education Agency)

Lander Schools Grant Successes

Wyoming Counseling Partnership:

- Since March of 2021:
 - 40 students served (goal 25)
 - 12 students discharged
 - 5 referrals pending
 - Insurance Enrollment
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Other:

- 7 Mindsets for LMS
- Referral pathways & MTSS-B district structures in progress
- Learning Collaborative
- Family Engagement funding & supplies
- Suicide Prevention Training
- NOMs & Financial Data Updated

Behavioral Health Survey: Oct. 25th- 29th				
School	Grade	Enrollment	Number of Responses	Response Rate
Baldwin Creek Elementary	5	118	79	67%
Lander Middle School	7	140	121	86%
Lander Valley High School	9	161	135	84%
	11	140	111	79%
Pathfinder High School	9	13	9	69%
	11	15	11	73%
Response rate goal: 50%				

District-level reports (12/15/21)

School-level reports (12/30/21)

Years 1, 3, 5

- Surpassed goal of 50% response rate
- Based on results:
 - Tailored informational packages delivered to district families (end of 2022)
 - Plan & implement initiatives to develop skills that promote resilience, pro-social behaviors and prevent youth violence (2022-2023)

Grant Limitations & FAQ's

Budget Limitations

- Incentives or giveaway items
- Food
- Conference fees
- Limited funding for SEL programs

Other

- Therapy: space vs. transportation
- Training time
- Programs & trainings must be evidence-based

Long-Term Considerations

- Sustainability after grant ends
- Eventual adoption of successful programs statewide

Next Steps & Priorities

- Learning Collaborative Budget Voting (12/15)
- Community Advisory Council (starting in January)
 - If interested in participating, please email kbaxter@landerschools.org
- Suicide Prevention Training- All Staff by end of 2022 (training week Feb 21-25, 2022)
- Trauma-Informed/ACEs Training; Mindfulness; SEL Programming
- Family Engagement & Educational Offerings
- Educator Wellness
- Building Resource Centers: students, families, & staff

Questions?

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